

LISA FORSTER OWEN.

Business Founder, Digital & Social Media Marketer

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PHILOSOPHY.

"I try to see the positive in everyone and in any situation."

MOST PROUD OF.

- ☀️ **COURAGE**
- ➦ **RESULTS**
- ★ **ACHIEVEMENT**
- ♥️ **LOVE & LIFE**

Leaving security of home to travel the world as cruise ship fitness leader. Winning BEST NEWCOMER (ANGELFYSH) – 2008 WIN AWARDS. Being self-taught and in my industry for 20 years. That's pre-Google. Helping Michael to become a dad and being mum to precious angel Izobel.

MY BRANDS.

| | | |
|--------------------|---------------------|-------------|
| Lisa Forster | Affiliate Marketing | 1998 – 2006 |
| Dunn & Dusted | Web Services | 2006 – 2013 |
| ANGELFYSH | Brand Communication | 2007 – now |
| Always Wear Red | Menswear | 2016 – now |
| Noexcusemums.co.uk | Social & Publishing | 2018 – now |

CLIENT BRANDS.

| | | |
|------------------|----------------|----------------|
| Calvert Trust | Richard Hardie | Sage Gateshead |
| Tyne Tees Models | Virgin Money | |

AWARDS.

WINNER: NE Businesswoman of the Year – Newcomer. Women Into The Network. 2008.
WINNER: Best Website Optimisation. NE Digital Awards. 2009.
FINALIST: The Journal Business of the Year Awards. 2009.

SPECIALISMS.

Website Consultancy, Content Marketing, Email Marketing, Social Media Marketing, Search Engine Optimisation (SEO), Social Media Platform Design.

INTERNET.

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|----------|---------------------------|-----------|------------------------------|
| Website | angelfysh.com | Website | alwayswearered.com |
| LinkedIn | linkedin.com/in/angelfysh | Instagram | instagram.com/angelfyshbrand |
| Facebook | facebook.com/angelfysh | | communication |
| Twitter | twitter.com/angelfysh | | |

A DAY IN MY LIFE.



- Being mum and homemaker. And trying to stay caaaaaaalm.
- ANGELFYSH. Building world-beating brands for new friends.
- AWR. Living our purpose. Every day. Every way.
- And... relax. TV. Poker. Food!
- Zzzzz. Enjoying the quiet! Until Izobel wakes up of course.

A.

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hello@angelfysh.com | www.angelfysh.com | @angelfysh | **CONSULTANTS THAT DO.**